



ATHLETIC PERFORMANCE TRAINER

Responsibilities:

1. Directly reports to Sonia Chase and helps to oversee the entire marketing and management process of Sonia Chase Basketball (SCB) Services.
2. Have a basic understanding of the fundamentals and advanced techniques of basketball (Catch & Pivot, Shooting, Defense, Ball Handling & Dribbling, Passing, Guard Moves, Post Moves, Movement without the Ball, Footwork, Quickness, Stamina).
3. Speak intelligently to the five classic components of fitness including muscular strength, muscular endurance, body composition, cardiovascular endurance and flexibility.
4. Must have complete knowledge and competencies of Sports Performance Training including SAQ Training (Sports, Agility, Quickness) Training.
5. TAKE THE LEAD while working with other SCB Staff in managing the operations of the SCB event including: Conducting the SCB curriculum, Maintaining great public relations with SCB customers and Ensuring personal compliance with on-site and off-site duties and responsibilities required by Chase Your Dreams Inc.
6. Demonstrate professionalism, courtesy, and honesty to all Staff and Customers of SCB Services.
7. Keep the daily operations of the SCB event organized and on-time utilizing the itinerary set forth (while having the ability to improvise with the itinerary if necessary).
8. Help to conduct and create the agenda for SCB event.
9. Communicate effectively with SCB Staff to ensure the quality of SCB event.
10. Report all concerns, problems and/or issues directly to Sonia Chase.

Required Knowledge and Skills:

1. Must be at least 20 years of age.
2. Associates Degree or higher a plus OR be able to demonstrate college level credits working toward Associates Degree.
3. Must have at least 4 or more years of experience in basketball as a player, basketball coach, skill enhancement trainer, or athletic performance trainer, in AAU, high school, college, or professional ranks.
4. Must have strong organizational and communication skills.
5. Must possess the ability to lead activities for small and large groups.
6. Must enjoy working with youth, teens, and adults.
7. Must possess the ability to work with players at all ages and levels

Compensation:

Compensation for this position is commensurate with experience.